



Helping Families Grow Healthy Children.

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**ALLERGY QUESTIONNAIRE**

**Child's Name** \_\_\_\_\_ **Date of Birth** \_\_\_\_\_

**1. Does your child have a diagnosis of an allergy from a healthcare provider?**

Yes \_\_\_ No \_\_\_

**2. HISTORY AND STATUS**

A. What is your child allergic to?

- \_\_\_ Peanut \_\_\_ Insect Stings
- \_\_\_ Eggs \_\_\_ Fish/Shellfish
- \_\_\_ Milk \_\_\_ Chemicals Please List: \_\_\_\_\_
- \_\_\_ Latex \_\_\_ Vapors \_\_\_\_\_
- \_\_\_ Soy \_\_\_ Tree Nuts
- \_\_\_ Other Please List: \_\_\_\_\_

B. Age of child when allergy was first discovered: \_\_\_\_\_

C. How many times has child had a reaction? Never \_\_\_ Once \_\_\_ More than once \_\_\_

D. Explain past reaction(s): \_\_\_\_\_

E. Symptoms: \_\_\_\_\_

**3. TRIGGERS AND SYMPTOMS**

A. What are the early signs and symptoms of your child's allergic reaction? \_\_\_\_\_

B. Please check the symptoms that your child has experienced in the past:

Skin: Hives \_\_\_ Itching \_\_\_ Rash \_\_\_ Flushing \_\_\_ Swelling \_\_\_

Mouth/throat: Itching \_\_\_ Swelling \_\_\_ Difficulty swallowing \_\_\_

Abdominal: \_\_\_ Nausea \_\_\_ Cramps \_\_\_ Vomiting \_\_\_ Diarrhea

Throat: Itching \_\_\_ Tightness \_\_\_ Cough \_\_\_ Hoarseness \_\_\_

Lungs: Shortness of Breath \_\_\_ Repetitive Cough \_\_\_

Heart: Rapid or irregular Heartbeat \_\_\_ Faintness/Dizziness \_\_\_ Loss of Consciousness \_\_\_

General: Tingling or sensation of warmth \_\_\_ Anxiety/Fear \_\_\_

**4. TREATMENT/MEDICATION**

A. Does your child take medication for their allergies? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please list the medications: \_\_\_\_\_

B. Has your child ever required an EpiPen? Yes \_\_\_\_\_ No \_\_\_\_\_

C. How effective was your student’s response to treatment? \_\_\_\_\_

**5. CENTER ACCOMODATIONS**

For children with a Nut Allergy

A. Does your child need a Nut Free Classroom? Yes \_\_\_\_\_ No \_\_\_\_\_

B. Is your child required to sit at the Nut Free Table at meal times? Yes \_\_\_\_\_ No \_\_\_\_\_

C. May your child eat products with a label that states “May contain nuts”? Yes \_\_\_\_\_ No \_\_\_\_\_

D. May your child eat products that states “Produced in a facility that has nuts”? Yes \_\_\_\_\_ No \_\_\_\_\_

E. May your child eat products that “May have been produced on same equipment with nuts”?  
Yes \_\_\_\_\_ No \_\_\_\_\_

For children with an Egg Allergy

A. May your child eat eggs in baked goods? Yes \_\_\_\_\_ No \_\_\_\_\_

For children with a Milk Allergy or Intolerance

A. May your child eat any products containing milk? Yes \_\_\_\_\_ No \_\_\_\_\_

Additional comments or concerns:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Center Supervisor Signature: \_\_\_\_\_ Date: \_\_\_\_\_