

Sacramento County early care and education teachers have unique combinations of experience and education that inspire them to pursue the early childhood profession.

Teachers share a desire to provide the most effective care and learning experiences for children and their families. Recognizing this desire to extend and refine their knowledge and skills, participation in the Preschool Bridging Model Plus -- PBM Plus -- provides a voluntary growth opportunity to receive on-site support and to achieve professional goals.



Funding for Preschool Bridging Model Plus is provided by the First 5 Sacramento Commission, which uses Proposition 10 (tobacco tax) funds to support the healthy development of children ages zero to five.

Additional information about the First 5 Sacramento Commission is online at [www.First5Sacramento.net](http://www.First5Sacramento.net) or by calling (916) 876-5865

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[www.ccfc.ca.gov](http://www.ccfc.ca.gov)



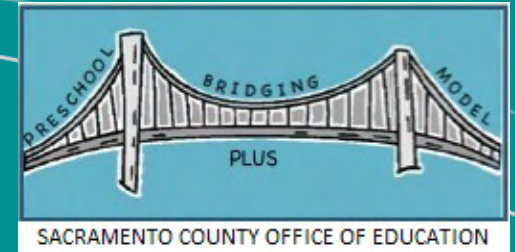
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## Preschool Bridging Model Plus

-- PBM Plus --



A Year-long Professional Growth Program for Early Educators Who are Lifelong Learners

# We Meet You Where You Are...

Each teacher's journey is a unique combination of education and experience. PBM Plus Early Childhood Education (ECE) Specialists partner with teachers to identify current strengths and goals to create an individualized year-long professional growth plan to enhance teaching and children's learning experiences.

ECE Specialists visit family child care homes and early learning centers to learn about and support each program's philosophy, schedule, curriculum, environment, children, and families. During the weekly visits, PBM Plus staff provides resources, materials, professional development opportunities, and coaching support.



PBM Plus ECE Specialists work with early educators and embark on a year-long professional growth journey that includes incentives such as:

- ❖ weekly on-site visits
- ❖ coaching and reflective discussions
- ❖ modeling
- ❖ relationship-based practice
- ❖ professional development (online and face-to-face)
- ❖ resources and materials
- ❖ transition activities for preschool and kindergarten
- ❖ stipend upon program completion



Early educators working in centers and family child care homes in Sacramento County are committed to support each child's learning and development. Preschool Bridging Model Plus – PBM Plus - is a program that supports teachers' ongoing professional development.

PBM Plus ECE Specialists coach and support teachers to apply new skills and knowledge that enhance interactions with children, learning environments, and the use of screening and assessment tools.

PBM Plus Family Advocates provide vision and hearing screenings to identify children who may need additional evaluation for early intervention services. PBM Plus Family Advocates also provide resources that support, strengthen, and connect families to Sacramento County community supports.

PBM Plus offers developmental screening instruments and assessment tools to support teaching practices and learning experiences.